



# **Insanely Yummy Atkins Diet: 100 simple low carb salad and dressing recipes for weight loss (Atkins diet series)**

*Nita Erickson*

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**ALL types of your favourite salads, NOW LOW-CARB!**

**Here is an effective atkins diet for all**

"Got my copy & Gifted another ..the best salads book"- Hilary W. (On facebook)

"THIS is it! ..Every Low-Carb eater's Bible!"- Sarah S. (On twitter)

**It is said that low carb salads are not yummy.. BUT NOT ANY MORE**

*Here are 100 simple Low-Carb salad and dressing Recipes for Superb Health & Weight Loss which will make your meals yummy like it has never been before!*

Salad are the most healthy diet which are just a boon for weight loss. Here are some salads and dressings which are yummy by themselves and also if taken with anything

**These 100 Recipes are so Insanely Yummy, Nobody'll Believe they're Low-Carb!**

*Here are some of the most AMAZING Low-Carb Salad Recipes that'll get you salivating right now!*

**TAKE A LOOK:**

- *Bacon & Egg Salad*
- *Bacon Cheese Salad*

- *Broccoli, Olives, & Egg Mixed Salad*
- *Bruschetta Style Tomato Turkey Greens*
- *Caulif-broccoli salad*
- *Gooey Herb Dressing*
- *Blue Cheddar Dip/Dressing*
- *Extraordinary Blue Cheddar Dressing*
- *Gooey Thousand Island dressing*
- *Chicken Bacon Club Greens*
- *Yummy Chicken Taco Salad*
- *Obsolete Cole Slaw*
- *Cool Taco Mixed Salad*
- *and many more.....*

**I bet, you couldn't experience these recipes without getting ravenous! Not just are these formulas extraordinarily delicious, every one of them has an itemized breakdown of the fat, carb and protein content furthermore other valuable subtle elements like prep-time, number of servings and so on.**

**Go On, Grab Your Copy and Get Cooking!**

**Don't miss this opportunity to BUY NOW at the Lowest Price ever!**

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