

# Sundown: A Daughter's Memoir of Alzheimer's Care

Judith Harway



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In this powerful memoir, Alzheimer's robs a vibrant and accomplished mother of her identity, and forces her daughter to face the failures and forgiveness that come with the role of caregiver. By turns heartbreaking and hilarious, Sundown tallies the losses of living with dementia, examines the restructuring of relationships at the end of life, and affirms the power of storytelling to both preserve and shape memory. In the words of Tom Hlavacek, Executive Director of the Alzheimer's Society of Southeastern Wisconsin, "Sundown is a testament to an extraordinary mother and an important addition to the body of literature on Alzheimer's and caregiving. This is a must-read for anyone in the 'sandwich generation,' and a life-affirming narrative for all."

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