



**Green Smoothies for Weight Loss: 50 Smoothies
for Weight Loss: Heart Healthy Cooking, Detox
Cleanse Diet, Detox Green Cleanse, Green
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(Volume 42)**

Don Orwell

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Green Smoothies for Weight Loss contains 50 Superfoods Smoothie recipes created with 100% Superfoods ingredients. No soy milk, no cows milk, no artificial flavors, only 100% natural Superfoods that deliver astonishing amounts of antioxidants, essential fatty acids (like omega-3), minerals, vitamins, and more. Superfoods are foods and the medicine and they offer tremendous dietary and healing potential. Superfoods slow aging, boost immunity, energize and detoxify.

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