



Stopping Words That Hurt: Positive Words in a World Gone Negative

Dr. Michael D. Sedler

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Stopping Words That Hurt: Positive Words in a World Gone Negative Dr. Michael D. Sedler **Words *Can* Hurt More Than Sticks and Stones--and the Wounds Can Last a Lifetime**

From the evening news and our favorite television shows to friends' Facebook statuses and office gossip, hardly a day goes by that we don't come into contact with negative language. The issue is *not* whether you can avoid hurtful words but how you will respond to them.

In *Stopping Words That Hurt*, communication expert Dr. Michael D. Sedler offers groundbreaking, practical strategies for identifying, counteracting and responding graciously--and lovingly--to gossip, criticism and negative words. He will show you how to

- discern why people relay destructive gossip
- identify a negative conversation or hurtful language and counteract it?· find freedom and reconciliation with those who have spoken harm to you
- speak life-giving words, even when you don't want to

Our words can profoundly hurt--or heal. Silence in the face of negativity is not enough. Whether you are a parent, leader, teacher, spouse or friend, it's time for building one another up--and stopping words that hurt.

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useful info for your better life within this era. So now let us present to you the relaxing pattern is your body and mind will likely be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

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