



# **Emotional Intelligence Box Set: 120 Lessons on How to Become a Boss of Your Thoughts and Behaviour (Emotional intelligence, people skills, social intelligence)**

*Jeffrey Morales, Mildred Powell, Joseph Sanchez, Julie Wilson, Joan Hunter*

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## **BOOK #1: The Gratitude Journal: 50 Amazing Tips for Experiencing Happiness, Joy and Living a Better Life**

The way to find happiness is through expressing gratitude. And the best way to express gratitude is to keep a gratitude journal. Many people testify that this is a concrete and reliable way to embrace the joy in your life. This guide contains 50 practical tips that will help you also change your life for the better.

## **BOOK #2: Life Coaching: 23 Lessons on How to Become a Successful Coach Who Encourages, Motivates and Inspires Other People**

**Life Coaching: 23 Lessons on How to Become a Successful Coach Who Encourages, Motivates and Inspires Other People** is a book with real world problems for real world people. Not only is it a great read for people wanting to start a career in life coaching, it is an excellent go to for those looking to have a life coach. Sometimes, people aren't really sure WHAT to bring to the table during their life-coaching sessions.

## **BOOK #3: Leadership: 33 Lessons on How to Become A Proactive Leader and Successfully Build A Phenomenal Team**

This book will explain what proactive leadership is, and offers suggestions for improving your own leadership skills to the point where you will be able to build and manage an effective and successful team – no matter if your team is a group of executive financial advisors in a multi-million dollar banking company, or the lady's auxiliary of your neighborhood volunteer fire department.

## **BOOK #4: Emotional Intelligence: 25 Ultimate Tips for Gaining Control Over Your Emotions and Becoming a Boss of Your Thoughts and Behaviour**

Emotional intelligence is a quality that all people have, and something all people can improve. While the standard IQ of a person determines how easily he is able to learn cognitively, a person's EI determines how well he can function and problem solve in a variety of situations. This book will explain what Emotional Intelligence is, and then offer suggestions for improving your own EI to the point where you will have increased control over your own thoughts, emotions, and behavior.

## **BOOK #5: Astrology: 12 Best Methods For Understanding Zodiac Signs, Compatibility, Career and Relationships**

How would you like to be able to read those around you, understand why they do the things they do and know immediately if they are compatible with you? By using astrology and zodiac signs, this can all be possible.

Learning about and understanding zodiac signs can help you in your personal life, your business life, your love life and your friendships.

You can even use astrology in your personal relationships in order to get the upper hand on your partner. You will be able to understand them better, often times even better than they understand themselves.

## **BOOK #6: Body Language: Amazing Body Language Guide to Help You Recognize Whether People's Feelings are True or Fake**

Do you sometimes get the sense that a situation with other people is not quite as it seems? Do you often struggle to understand what others expect of you? Is nervousness preventing you from taking risks that could slingshot you on the path to success in your personal and professional life? Interacting with other people can be a challenging and exhausting aspect of daily life, and a potent source of stress for many. A little study and practice in reconnecting with the instinctive intuitions of the human animal can enable you to harness the hidden power of body language as a tool to establish your place among your peers.

## **Getting Your FREE Bonus**

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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Spent a free the perfect time to be fun activity to do! A lot of people spent their free time with their family, or their very own friends. Usually they carrying out activity like watching television, about to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could possibly be reading a book is usually option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the publication untitled Emotional Intelligence Box Set: 120 Lessons on How to Become a Boss of Your Thoughts and Behaviour (Emotional intelligence, people skills, social intelligence) can be good book to read. May be it can be best activity to you.

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