



# Treating Depression Effectively: Applying Clinical Guidelines

*Sidney H. Kennedy, Raymond W. Lam, David J. Nutt, Michael E. Thase*

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**Treating Depression Effectively: Applying Clinical Guidelines** Sidney H. Kennedy, Raymond W. Lam, David J. Nutt, Michael E. Thase

This is the second edition of a very successful title from an international team of highly respected opinion leaders. Its emphasis remains on how the clinical guidelines are to be interpreted effectively in everyday practice, and as such it has immense practical importance for clinical psychiatrists as an immediate source of reference. New to this edition is a chapter on the importance of considering a depressed patient's circadian rhythm when deciding on a treatment regime.

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