



Exploring Feelings

Susan B Neuman, Renee Panoff

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We all want our children to grow into healthy, self-confident, secure adults. "Exploring Feelings" is just the resource you need to help make it happen. This truly unique and invaluable activity book is the first to focus on emotional development -- on helping young children develop self-confidence, independence and creative freedom. These delightful activities help children acknowledge and examine their feelings about their families, their friends and themselves, and encourage children to use their five senses to explore the world around them. Using everyday experiences, ideas and materials, these activities are suitable for both a group or individual home setting. Help give the children you love the precious gift of a healthy outlook and a positive self-image. You'll be helping your children be all that they can be with "Exploring Feelings."

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