



One-Week Willpower: A Simple Foundation to Become More Successful, Likable, and Achieve Your Dreams

Michael Unks

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I can't believe he just shared that embarrassing story. Doesn't he care about getting laughed at? How can he be so open and honest?

I've been asked questions like these when I'm sharing with people all the mistakes I've made throughout my life. I've learned from them; why can't others, too?

I'm not afraid to be honest if it means it can improve someone's life.

In the past, I had no confidence and only a couple friends; was overweight, shy, selfish, and worried about everything; and felt life wasn't fair. This all changed once I developed a simple foundation. I now feel incredible, and it only took a week to completely change my life. That's right. Only one week!

It was the day after getting the simple foundation when I started looking forward to tomorrow, when I knew that each day was going to be even better than the last. I had completely given up on myself, but after that week I would never do that again.

I promise this foundation is what you've been waiting for. I promise that this foundation is simple. I promise you will immediately become more successful and likable and start achieving your dreams after listening to this book.

I do believe we all have limitless potential, and that's why I wrote this book - to help you realize your capabilities and get started in a week. To get the most out of life, we need to build our foundations and start building upon them right away.

The investment in yourself is the safest and most profitable investment you can make. Invest in yourself by listening to this book and become more successful and likable, and achieve your dreams!

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People live in this new day of lifestyle always try to and must have the time or they will get large amount of stress from both daily life and work. So , if we ask do people have extra time, we will say absolutely yes. People is human not only a robot. Then we inquire again, what kind of activity have you got when the spare time coming to you of course your answer will probably unlimited right. Then ever try this one, reading ebooks. It can be your alternative inside spending your spare time, often the book you have read will be One-Week Willpower: A Simple Foundation to Become More Successful, Likable, and Achieve Your Dreams.

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