



Paleo Baking: Delicious and Easy Baked Goods That Ditch Refined Sugar & Grains

Monica Stevens Le

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Nourish and fuel your body with delicious, real food Paleo baking recipes from Monica Le. Monica has been able to show readers of her blog that there is plenty of room for baked goods on a grain and gluten-free diet.

You won't miss refined sugar, dairy or grains with incredible recipes such as Tiramisu Brownies, Classic Strawberry Cheesecake and Chocolate Cherry Cannolis. You'll learn all the tips and techniques to making baked goods that will delight your family and friends so much, they will forget it's Paleo! With savory recipes, including Lemon Chia Seed Pull Apart Bread, Thai Chicken Pot Pie and Shakshuka Pizza. You can even make a Carmelized Onion Tart or Blueberry Basil Grilled Goat Cheese sandwiches!

Free yourself from sugar, dairy and grains and experience what *Paleo Baking* can do for you!

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