



# The Spark That Ignites Being: Test Of The Heart

*Fatima Seba Friday*

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The Ancestors—their Legacy, their Heart, the Omnipresent Essence of their Vision, the Brilliance of their Healing, Sound and Movement exist as the ever-pulsating framework that inspired the birth of The Spark That Ignites Being, Test of the Heart, and fundamentally inspires Fatima’s Visionary Platform that integrates Dance, Meditation, Yoga and Music to Spark effective and resounding Wholistic Ascension. Fatima Séba’s birth of love directly taps into how we can reunite with the healing and restorative Energy that exist within us and thus intuitively communicates with us through various mediums i.e. dreams, social interactions, life lessons and introspective sessions. Fatima Séba engages readers with Poetically Uplifting Affirmations, Soul Igniting Questions and Goals that examine one’s Intentions and places each and every reader at the center of the Scope—the one to observe and to be observed, the most vital and the only one to regulate and determine the next move that will catalyze Remembrance of one’s own Great Divinity. Fatima Séba posits that our capability to both Individually and Collectively Re-member, Re-assemble, Reawaken, and Resurrect the truth about who we truly are is infinite, intergalactic and beyond the reaches of any thought and/or action that violates and invalidates our Essence. Thus, The Spark That Ignites Being reminds us that remembering our Divinity restores our Power to Peacefully and Profoundly eradicate the illusion of our inadequacy, unworthiness and degraded identity within the spheres where disconnected, disharmonious and psychologically perturbed persons and institutions dwell. This Indigo Star Valiantly unmasks the visages of her own vulnerabilities and insecurity—the hurt that had plagued her—and puts forth a blueprint for Self Love and Restitution, “An Artistic Mechanism for Self-Actualization.” Fatima Séba’s Mechanism Empowers us to expand our perspective by redeeming our Spirited Consciousness as both author and reader explore the multiple and dynamic ways that we are tested, the purpose for those powerful tests, the wisdom conveyed by those lessons and most of all, our profound capacity to surmount and transcend the dire, devastating and traumatic. Fatima Séba’s birth of love breathes reverence and integrity into our Souls as she strengthens and fortifies our Will to embody love so that we can attune to love in every respect. Open your hearts to the Oasis of love, light and illumination that abundantly flows from Fatima Séba Friday and The Spark That Ignites Being, Test of the Heart! ~Asé

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