



# **Juicing For Weight Loss: 5 Days to Better Health, Easy to Follow Steps and Recipes: Lose Weight & Improve Your Health all by Taking Action Today!**

*Sione Michelson*

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**Discover one of the first steps In finally taking control of your life and that is getting healthy. A great way to start is with JUICING FOR WEIGHT LOSS. Today only, get this Amazon bestseller for just \$7.99. Regularly priced at \$9.99. Read on your PC, Mac, smart phone, tablet or Kindle device.**

**If you want to have a great life you must be healthy first. TAKE ACTION NOW! buy this book and start your journey to optimal health with these easy juicing recipes prepared in the Ninja AND Nutribullet Blender. Your body is sure to thank you!**

!!NEW!! Over 100 Delicious Nutribullet & Ninja Recipes Millions of people die every day all over the world because they aren't aware of the damage they are doing to their bodies. Its no secret that because many of us have such busy lifestyles that it causes us to think "convenience" over health when it comes to eating. If you have diabetes, high blood pressure, high cholesterol, feel tired all the time or you are overweight like i was then you must do something right now to reverse these debilitating conditions because your body is telling you "I'M DYING. There is absolutely no better way to start your journey to optimal health then juicing. I can't even begin to tell you how beneficial juicing is to your health, you just have to try it to believe it. Juicing helps you consumer more fruits and vegetables in one sitting than you probably will care to consume in a week, I know it did for me. Juicing has helped me shed tons of weight, get clearer skin, lower my cholesterol, lower my blood pressure and obtain massive energy. If you want to be successful at anything in life, if you want to get rid of excess weight, if you want to get that guy or girl of your dreams than it all starts with how you feel and being healthy is critical in achieving this and all the things you want in life. 10 years ago I was 50 pounds over weight, divorced and just down right depressed until I saw an infomercial on the Ninja Blender in the middle of the night. I was amazed at how easy it was to stick large pieces of fruits and vegetables into the blender and then moments later you had a delicious healthy life saving drink. .TAKE ACTION NOW FOR YOUR HEALTH!

- Table of Contents
  - Introduction/Your Free Gift!
  - 2. Preparation for all recipes
  - 3. Morning Rise
  - 4. Fruit Explosion
  - 5. Parsley Parley

- 6. Kale Vitality
  - 7. Apple Jax
  - 8. Spinach Delight
  - 9. Sweet Beet
  - 10. Bunnies Favorite
  - 11. Fat Melt
  - 12. Blue Berry Health
  - 13. Grapefruit, Spinach and Strawberry Infusion
  - 14. Good Bye Cellulite
  - 15. Attractive Juice
  - 16. Curves in All the Right Places
  - 17. Almond Satisfaction
  - 18. Spicy Green Juice
  - 19. Extreme Metabolism
  - 20. Daily Glow
  - 21. Brain Food
  - 22. Gut Eliminator
  - 23. 40 Delicious Nutribullet & Ninja Recipes !!!NEW!!
  - 24. 40 Delicious Smoothie Recipes
  - 25. Closing
- Take action today and download this book for a limited time discount of only \$7.99! YOUR BODY WILL THANK YOU Tags: Juicing, Juicing for weight loss, books, recipes,

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