



101 Winning Offensive Line Drills

Dave Christensen, Anthony Grazzini

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101 Winning Offensive Line Drills presents a series of proven drills for developing the key aspects involved in sound offensive line play. The essential information necessary to conduct the drill in an efficient and productive manner is provided for each drill, including the objective of the drill, a list of any equipment needed to perform the drill, a description of how to conduct the drill, a list of relevant coaching points, and a visual illustration of the drill being conducted.

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