



# Secrets from a Persian Kitchen: Traditional Recipes for Today's Cooks

*Laurel Davar*

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# Secrets from a Persian Kitchen: Traditional Recipes for Today's Cooks

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## **Secrets from a Persian Kitchen: Traditional Recipes for Today's Cooks** Laurel Davar

This little gem of a cookbook contains 94 recipes with 68 photographic illustrations. It is a valuable resource for experienced Persian cooks as well as an excellent primer for beginning cooks. Laurel Davar's mother-in-law, Parvin Davar, was an exceptional Persian cook. Some said, "a true gourmet". She could just as easily turn out a banquet for dignitaries as she could prepare a large family dinner or satisfy a picky child. Her work in the kitchen began at the age of 5 and her life is a compelling story in itself. Over time, Parvin's dedication to excellence earned her the respect of family and friends. Other cooks deferred to her judgment. Now, for the first time her recipes and methods are revealed in Secrets from a Persian Kitchen, Traditional Recipes for Today's cooks, lovingly compiled and illustrated by Laurel Davar.

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