



Life Purpose, Connect & Discover Your True Passion: Sleep Learning, Hypnosis, Relaxation, Meditation & Affirmations

Jupiter Productions

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This life purpose sleep learning resource was designed to assist listeners in getting in touch with their own unique passions, releasing thoughts and goals that commonly hold people back from going after their dreams, moving toward more authentic lives, and going after what they really want.

Some say that we are the sum total of what we surround ourselves with. For example:

- What we choose to watch on television
- What we listen to on the radio
- Who we choose to surround ourselves with
- Even the thoughts we think

All of the above affect our overall perceptions and thought patterns. Just like the foods that we eat create our bodies over time, our thoughts shape who we are and ultimately what types of situations we manifest in our lives.

Sleep learning can benefit a listener in powerful ways. The mind stays active even while we are sleeping. For example, a mother may sleep soundly through thunderstorms and barking dogs, yet the sound of her baby stirring in the next room will often instantly awaken her. Why not use this time (while you are asleep) to realize your potential?

In addition to therapeutic hypnotic techniques and meditative affirmations, this program is further enhanced by the use of brainwave entrainment such as solfeggio tones, isochronic tones, bilateral stimulation, and white noise. Listening at a very low volume while drifting off to sleep is ideal and won't diminish your results.

Narrated by Anna Thompson, MA, MHP, LMHC, advanced clinical hypnotherapist.

Accomplish your goals, and create the life you've always wanted starting today.

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From reader reviews:

James Conner:

Have you spare time for just a day? What do you do when you have far more or little spare time? Yep, you can choose the suitable activity to get spend your time. Any person spent their particular spare time to take a wander, shopping, or went to typically the Mall. How about open or perhaps read a book eligible Life Purpose, Connect & Discover Your True Passion: Sleep Learning, Hypnosis, Relaxation, Meditation & Affirmations? Maybe it is to get best activity for you. You understand beside you can spend your time with the favorite's book, you can smarter than before. Do you agree with its opinion or you have various other opinion?

Javier Link:

As people who live in the modest era should be upgrade about what going on or data even knowledge to make them keep up with the era which is always change and move ahead. Some of you maybe can update themselves by examining books. It is a good choice in your case but the problems coming to you is you don't know what type you should start with. This Life Purpose, Connect & Discover Your True Passion: Sleep Learning, Hypnosis, Relaxation, Meditation & Affirmations is our recommendation so you keep up with the world. Why, because this book serves what you want and need in this era.

Stephen Medley:

This book untitled Life Purpose, Connect & Discover Your True Passion: Sleep Learning, Hypnosis, Relaxation, Meditation & Affirmations to be one of several books that will best seller in this year, that's because when you read this book you can get a lot of benefit on it. You will easily to buy this book in the book store or you can order it via online. The publisher on this book sells the e-book too. It makes you easier to read this book, as you can read this book in your Cell phone. So there is no reason to your account to past this guide from your list.

Brandy Felts:

As a student exactly feel bored to reading. If their teacher asked them to go to the library or make summary for some book, they are complained. Just little students that has reading's soul or real their hobby. They just do what the teacher want, like asked to go to the library. They go to at this time there but nothing reading very seriously. Any students feel that examining is not important, boring in addition to can't see colorful pictures on there. Yeah, it is to get complicated. Book is very important to suit your needs. As we know that on this period, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. So , this Life Purpose, Connect & Discover Your True Passion: Sleep Learning, Hypnosis, Relaxation, Meditation & Affirmations can make you sense more interested to read.

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