

# The 7 Fatal Mistakes Divorced and Separated Parents Make:: Strategies for Raising Healthy Children of Divorce and Conflict

Shannon R. Rios



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This book is a **crucial resource for families that are divorced, separated, considering divorce** and never married who want to raise the healthiest children possible. Written by a **child of divorce and conflict** who is now a therapist working in this field, this book is a must-read. It provides guidelines to allow coparents to create the best environment possible during family challenges.

Inside you will find over 30 exercises and practical strategies to assist you in being the best parent possible during this difficult time for your family. Reading this book will assist parents in raising **emotionally and physically healthy children**.

If you love your child, this **book is crucial for you** to read. It will assist you in minimizing the impact of your circumstances on your child. You deserve to read this book and your child deserves a parent that reads this book.

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