



Australian Bush Flower Healing

Ian White

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At last, here is the long-awaited companion volume to Ian White's best-selling *Australian Bush Flower Essences*, first published in 1991 and still the authoritative book in the field. This second book, *Australian Bush Flower Healing*, is essential not only for natural therapists but also for all those interested in alternative remedies for health, harmony and wellbeing. Topics covered include: the healing properties of twelve new Australian bush flower essences; important new research on the first 50 essences; how to prepare and take the essences; formulas for combination essences and companion essences; repertories of physical and emotional conditions; emotional patterns and balance in pregnancy and labor; iridology; goal setting and goal achieving; and astrology, health, and the essences.

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