



Lose weight: How to Burn Body Fat Completely and Maintain a Slim Physique Permanently: Black & White paperback version (Nekoterran) (Volume 1)

Nekoterran

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TO MY OUT-OF-SHAPE FRIEND,

You have come to the right place.

The information in this e-book contains exact knowledge on: **how to burn body fat completely and maintain a slim physique permanently**. If you learn how, and apply what you learn, you will achieve just as the title reads—**guaranteed!**

KNOW that an unhealthy physique or excess body fat accumulation did not automatically occur...everything has a cause. **Note:** Regardless of how out of shape, over weight, old, young, or how many failed previous attempts you've had, if you know exactly what causes body fat accumulation, what prevents further fat accumulation, and if you learn how to burn body fat and how to maintain muscle mass from deterioration, you can achieve the results you desire in a fairly short time.

Losing weight is not a complicated process...**IF YOU KNOW HOW.**

Chances are that you have been programmed with the wrong information for years, which leads to an overweight/out-of-shape physique. There is tons of information on weight loss.

There are 3 reasons why 9/10 people fail to burn body fat.

1) Don't know how or the information they apply is incorrect, which leads to zero results and giving up all together. 2) Commitment. 3) Desire a slim physique, but don't want to diet and exercise.

To prove point #1, ask yourself the question: "What happens inside the body to accumulate excess fat?"

If you don't know—**SUPER!** Because you will learn exactly what causes excess body fat accumulation and how to burn it off completely in this short yet powerful e-book.

Point #2 Commitment and consistency.

In order to commit to a program for 8 full weeks, you must have a strong reason why.

Ask yourself: "Why do I want to burn body fat completely and maintain a slim physique permanently?"

And your answer(s) will lead to commitment and persistence.

And point #3 Without diet and exercise, it is impossible to achieve a slim physique!

NOTE: This program does not involve cutting out all carbohydrates or eating a bunch of animal meat or chugging down endless protein shakes, which leads to dead end after dead end—none of this nonsense.

The information in this book has been tested on myself and others who achieved outstanding results without harming the body.

However, this program is drastically different than what you may be used to. And it requires the participant to spend \$100 - \$150 on NATURAL supplements to successfully complete the 8-week program.

If you do not experience change after the 8-week completion, you will receive 100% of your money back, guaranteed!

Included in this e-book:

Bonus #1:

receive \$5 discount on first time supplement orders.

Bonus #2:

complete gym workout routine that will burn all excess body fat completely.

Bonus #3:

best home workout and receive even more updates from Nektoterran.

However, be warned.

This program is not a quick fix; it requires 8 weeks of dedication and a lot of work on your part.

Required to successfully complete:

- Spend \$100- \$150 on natural supplements
- Willing to do bodyweight exercises and lift weights
- Make dietary changes
- Dedicate yourself for 8 weeks to the program (however you will experience results sooner)
- Approach the program with an open mind, be open to new methods, and new ideas
- Try a new/different approach to weight loss
- Open an iherb.com account
- Enjoy a slim and toned physique permanently

If you cannot commit to the above points 100%,

DO NOT PURCHASE THIS PROGRAM.

This is not a program for you!

If you agreed to all the points above, prepare for a permanent change.

Available for a limited time for only \$15.99! Click on “add to cart” above.

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Luke Palmieri:

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Marco Manuel:

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Jack Caldwell:

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Irene Robertson:

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