



Quick & Clean DIET: Maximize Your Quick & Clean Diet Results Consuming Pound Dropping & Scrumptious Smoothies You Love Making With Your Favorite High-Speed Blender Or High-Volume Juicer!: 8 In 1 Box

Juliana Baldec

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Spend a little time with this amazing compilation of 8 books that includes a collection of Juliana Baldec's healthy and scrumptious smoothies that you can add to your Quick & Clean Diet Today for awesome pound dropping results!

The compilation includes 8 books:

Book 1: 11 Healthy Smoothies Recipes You Wish You Knew

Book 2: 21 Amazing Weight Loss Smoothie Recipes

Book 3: Clean Eating: 17 Eating Clean & Drinking Clean Recipes With High Speed Blenders

Book 4: 16 Blender Recipes For Smoothie Diet & Detox Diet

Book 5: Juicing To Lose Weight

Book 6: Juicing Recipes For Vitality & Health

Book 7: Blender Recipes For The Nutribullet & Breville Juicer With Poun Dropping Results

Book 8: Paleo Is Like You (Fun Little Paleo Lifestyle Poem a day book with inspirational and motivational rhyming verses to spice up your results)

You will love discovering some new smoothie recipes that you might add to your Quick & Clean DIET. Consider these healthy & scrumptious smoothies to spice up any boring diet and finally get the results you want.

If you love smoothies and blender drinks you will love this compilation to complete your smoothie recipe collection.

Forget the old concept because there is no need to waist your time in the kitchen with old school recipes that take too long to make. There is every reason to make smoothies the new and 5 minute quick way so that you will gain more time out of your day and your life!

Learn the new way of adding smoothies to your Quick & Clean DIET today if you want to achieve your dream weight.

Empower yourself via healthy and pound dropping smoothies and live a healthier, leaner and cleaner lifestyle.

This compilation will give you some amazing insights into the wonderful world of Smoothies, the healthy Smoothie lifestyle, and how you can connect your diet goals with the Smoothie lifestyle in order to achieve your dream figure and a happier and healthier you without being hungry all the time.

This compilation shows you a real approach to dieting the right and realistic way so that you will maximize your dieting results instead of going through the Yo-Yo dieting effect that happens with almost all diets because most diets are based on unrealistic and unnatural assumptions and goals.

Juliana will show you how she did not only lose 20 pounds in 60 days and beat her nasty Asthma problem at the same time, but she shows you how she was able to keep off her weight via the power of the smoothie lifestyle that is more an exciting way of life that everyone is able to follow (even if you only have 5 minutes and are very busy) than a boring and unrealistic diet that no one is able to maintain because most diets contain too many hurdles to jump through.

The smoothie lifestyle provides you with lean and clean nutrition all the time and you never feel hungry, tired, frustrated, out of energy and vitality. The vitamin and mineral enriched smoothies keep your body nourished with all the vital elements that your body needs.

The outcome: a happy, vitalized, healthy, lean & clean, healthy and balanced YOU.

You'll soon notice your improved skin and your rejuvenated body and looks.

These health elixirs are going to beautify and rejuvenate your whole system, body, brain and skin.

All your body functions are working in a healthy and balanced manner.

Most diets ask a lot of sacrifices from you, but once you master this lifestyle.

Inside this Smoothie lifestyle compilation you'll also find drink recipes that you can add to your Quick & Clean DIET in order to improve your diet results like:

- * Secret Morning Elixir To Start Your Day With Vitality & Energy
 - * Exotic Coconut & Green Superpower Ginger Smoothie
 - * Double Melon Elixir
 - * Natural Purple Energy Miracle
 - * Blueberry Coconut Veggie Detoxer
 - * Beet & Black Radish Liver Cleanser
 - * Green Gold Juice
 - * Creamy Strawberry Smoothie
 - * Delightful Plum Walnut Smoothie
- much more... (148+ recipes in total)

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From reader reviews:

Dee Alaniz:

Information is provisions for anyone to get better life, information these days can get by anyone at everywhere. The information can be a knowledge or any news even a concern. What people must be consider when those information which is inside the former life are hard to be find than now could be taking seriously which one is suitable to believe or which one typically the resource are convinced. If you obtain the unstable resource then you understand it as your main information we will see huge disadvantage for you. All of those possibilities will not happen in you if you take Quick & Clean DIET: Maximize Your Quick & Clean Diet Results Consuming Pound Dropping & Scrumptious Smoothies You Love Making With Your Favorite High-Speed Blender Or High-Volume Juicer!: 8 In 1 Box as the daily resource information.

Bobbie Burke:

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Beverly Rosa:

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