

No More Diets: How To Overcome Compulsive Eating, Food Addiction and Emotional Eating For Life

Vivian Weissman



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A Proven Step-By-Step Method To Never Going On A Diet Again

Today only, get this Kindle book on Amazon.com for just \$1.97. Regularly priced at \$9.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

No More Diets focuses on teaching you the right tools and techniques to use so that you can increase your energy, speed up your metabolism, burn more fat, boost your self confidence, while having fun losing weight!

These are the same life changing methods our clients use to lose weight and keep it off for life. When you implement everything that is taught in this book, you will overcome compulsive eating habits, binge eating, food addictions and emotional eating.

To stay fit and healthy requires you to learn how nutrition plays a role in your weight loss goals. This is why we've included many special bonuses within this book just for you.

Here Is A Preview Of What You'll Learn...

FREE fitness tools provided by Vivian Weissman to help you build lean muscle

How Do You Get These Gifts?

- 1. Email me your receipt of your verified purchase to info@vivianresults.com
- 2. Enter your name and email to sign up for the FREE Training series.

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Check Out What Others Are Saying ...

"This book saved my life. I can now get up without joint pain. Thank you Vivian Weissman!"

- Cecilia (New York, NY)

"Since I have been implementing these strategies to better my health, I have lost six pounds in one week. I am confident to say that this is something anyone can do." - James Yearwood (USA)

"I've replaced my habits with healthy ones and I've lost 38 pounds in six weeks. My diabetes II is virtually

gone."

- Kal Malik, Author & Speaker (London, UK)

"This book really helped motivate me to take control of my eating. I highly recommend it to anyone wanting to kick start a lifestyle change!" -Stacy Clendenen, Writer

"So glad that I have met Vivian Weissman. She is AMAZING! Where were you 5 years ago? I am kicking carbs, sugar and junk food to the curb."

- Carmela, Optician

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