

Happiness: Confidence: Discover How You Can Instantly Boost Your Self Confidence (Eye Contact Positivity Posture) (Speaking Skills Happiness Men's Style)

Laura Boyle

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You will learn different sources of self confidence so that you can live the life you've always wanted with your new found abundance of confidence. Upon completion of this book you will be able to start your transformation of a person oozing with confidence. The book will provide you the techniques and also inspire you to actually use them and become a more confident person.

Here Is A Preview Of What You'll Learn...

- Surround Yourself With Positivity
- Change Your Outward Appearance
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- Develop Yourself

- Accept Failure
- Don't avoid eye contact
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