



# **Our Bodies Our Selves - A Book by and for Women**

*The Boston Women's Health Book Collective*

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# Our Bodies Our Selves - A Book by and for Women

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**Our Bodies Our Selves - A Book by and for Women** The Boston Women's Health Book Collective  
Sharing our experiences with one another, we of The Boston Women's Health Book Collective discovered that there is an imperative need for women everywhere to learn together about our bodies in order to have control over them, and over our lives. Our Bodies, Ourselves is written by women for women, to communicate our excitement about the power of shared information, to assert that, in an age of professionals, we are the best experts on ourselves and our feelings, to begin the collective struggle for adequate health care. We seek to stimulate women (and men also) to discussion and to action, always making room for new ideas and for continuing change and growth.

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#### **Harold Scott:**

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